

Oak Tree Counseling

WHO: Generally NCO leaders (immediate supervisors)

WHAT: Informal, leader-to-led talks to coach/teach/mentor

WHY: This is THE BEST WAY to relate to your people
. . . sincere, personal discussions work!

WHEN: About weekly, at an opportune time

WHERE: Chow halls, barracks, parking lots, transitioning somewhere, cool down after PT, similar places

TIME REQ'D: Less than 5 min.

HOW:

1. Know ahead of time what you want to talk about
2. Can be one-on-one or very small group (3-4)
3. Can be mission/work-related or off duty/recreation-oriented
4. Keep it short, simple (one main topic), and constructive (how to do the right thing)
5. Tailor it to the individual
6. Get eye contact, get agreement
7. Sample topics might include
 - Weekend activities
 - On duty driving
 - Weapons handling
 - Off duty driving plans
 - PT or sports
 - Any unsatisfactory, unsafe behavior

Note: Most accidents are due to one or more of the following:
indiscipline, complacency, overconfidence, and lack of training
– be on the lookout for these as they relate to the issue at hand

See DVD for add'l tips and quick samples